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SIARAN MEDIA/PRESS RELEASE

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3rd ANNUAL MALAYSIA MILITARY MEDICINE CONFERENCE (MMMC 2021)

Perkhidmatan Kesihatan Angkatan Tentera (PKAT) menganjurkan 3rd Malaysia Military Medicine Conference (MMMC 2021) pada 5 dan 6 April 2021 di Wisma Perwira ATM, Kuala Lumpur, Malaysia. Tema Persidangan kali ini "*Fitness, Wellness & Readiness: Winning the Battle for a Healthy and Ready Force*" menumpukan kepada kecergasan, kesejahteraan dan kesiagaan.

Objektif utama Persidangan ini adalah untuk perkongsian maklumat terkini dari segi aspek klinikal dan bukan klinikal (pentadbiran dan logistik perubatan) di dalam bidang perubatan ketenteraan. Persidangan ini juga merupakan platform membolehkan perbincangan dan penyampaian maklumat penyelidikan perubatan dan kemajuan teknologi perubatan. Polisi dan garis panduan terkini dari segi latihan dan pengoperasian ketenteraan di dalam aspek fizikal, mental dan kesejahteraan angkatan tentera dan tanggungan mereka juga akan dikongsikan di dalam persidangan kali ini.

Di antara kemuncak persidangan kali ini selain daripada ucapan alu-aluan Ketua Pengarah Perkhidmatan Kesihatan Angkatan Tentera dan ucapan perasmian oleh Panglima Angkatan Tentera Malaysia adalah program saintifik seperti berikut:

- a. Keynote speech oleh Mej Jen Dato' Pahlawan (Dr) R. Mohanadas, mantan Ketua Pengarah Perkhidmatan Kesihatan AT memberi gambaran mengikut tema persidangan *Fitness, Wellness & Readiness of the military forces*.
- b. 2 sesi plenary yang disampaikan oleh penceramah dalam dan luar negara.

- c. 5 simposium klinikal dan bukan klinikal dengan topik-topik gaya hidup ketenteraan, kesejahteraan & kesiagaan, latihan ketenteraan dan juga pemulihan selepas trauma dan kesiagaan.
- d. 2 medical updates – berfokus kepada kemajuan di dalam bidang Perubatan dan juga kesiagaan.
- e. Persembahan oral dan poster – oleh pengamal perubatan dari Perkhidmatan Kesihatan Angkatan Tentera dan juga Kementerian Kesihatan Malaysia.

Kecergasan fizikal, mental dan kesediaan secara sosial adalah genting di dalam menghadapi latihan regimental dan pengoperasian di dalam penugasan ketenteraan. Perkhidmatan Kesihatan Angkatan Tentera adalah merupakan sistem sokongan perubatan Angkatan Tentera Malaysia, mengamit tanggungjawab di dalam proses saringan, mengurus, mempromosi kesihatan dan juga merawat penyakit dan kecederaan anggota tentera bagi memastikan kesiagaan terpelihara.

Persidangan ini membuka peluang bagi mengkaji konsep-konsep kecergasan dan kesejahteraan terkini di dalam ketenteraan dengan berfokuskan kepada kapasiti dan keupayaan kesihatan fizikal dan mental berasaskan kepada kemajuan teknologi di dalam perubatan ketenteraan. Ia juga adalah satu platform profesional bagi memfasilitasikan perbincangan dan persembahan penyelidikan perubatan dan kemajuan di dalam bidang perubatan am dan juga perubatan ketenteraan.

3rd ANNUAL MALAYSIA MILITARY MEDICINE CONFERENCE (MMMC 2021)

The Malaysian Armed Forces Health Services (MAFHS) will be organizing the annual 3rd Malaysia Military Medicine Conference (MMMC 2021) on 5th to 6th April 2021 in Kuala Lumpur, Malaysia. The conference theme is "Fitness, Wellness & Readiness: Winning the Battle for a Healthy and Ready Force".

The main objective is to increase knowledge in fields of Military Medicine in terms of clinical and non-clinical aspects as well as administrative and medical logistics matters. The conference is to provide a professional platform of discussion and presentation in medical research and technological advancement in healthcare. It provides the latest guidelines and policies on the latest training and operational practices in the military concerning physical, mental and social well-being of the military forces as well as families.

This conference is held at the Wisma Perwira ATM for two consecutive days will include Welcoming Remarks by the Director General of the Malaysian Armed Forces Health Services, followed by an Opening Address by the Chief of Defence Force Malaysia. The Scientific Program entails the following:

- a. Keynote Speech – delivered by Mej Jen Dato' Pahlawan (Dr) R. Mohanadas, former Director General of the Malaysian Armed Forces Health Services depicting the theme of Fitness, Wellness & Readiness of the military forces.
- b. 2 sessions of Plenary speech – delivered by Local and International Speakers on Mental Health and Fitness Program.

- c. 5 Clinical and Non Clinical Symposium – moderated by MAFHS Officers on multiple topics including Military Lifestyle, Wellness & Readiness, Military Training as well as Post Trauma Recovery and Service Readiness.
- d. 2 Medical Updates – highlighting Healthcare Advancement as well as Service Readiness.
- e. Oral and Poster Presentation – clinical and no clinical case presentations by Healthcare Practitioners from MAFHS and Ministry of Health.

It is essential to ensure that we are fit physically, mentally and socially ready to endure the regimental training as well as operational tasking in the Armed Forces. As the medical support system for the whole military forces, the Malaysian Armed Forces Health Services has an important responsibility upon us to screen, manage, promote as well as treat the disease and injury of military personnel to ensure their military readiness.

This conference aims to explore multiple concepts of fitness and wellness through military training preparedness, as well as post-trauma recovery and readiness. It will explore the current clinical and non-clinical practices focusing in the forces' physical and mental health capacities and capabilities as well as the new technological advances in military medicine.

A professional platform of discussion and presentation for current matters in General Medicine as well Military Medicine as well medical research and technological advancement in healthcare.

- TAMAT / END -

"KEDAULATAN NEGARA TANGGUNGJAWAB BERSAMA"



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